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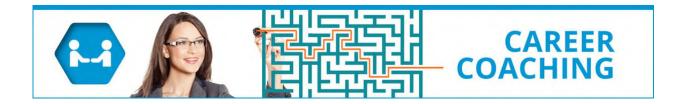


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Out of Office the First Week of February

Paulette will be out of the office for the first week of February. If you would like to set up an appointment, please notify her by email: Paulette.L.Fried@kp.org. Thank you!



Choose a Career Goal That Makes You Come Alive!

Happy 2018! Did you realize that pursuing a goal can make you feel more alive? That was the finding of Greater Good Magazine journalist Caroline Benner. Her research over the past two years revealed that individuals are likely to stick with a goal if it involves some or all of the following elements:

- Positive emotions
- Engagement
- **Social support** (tangible, informational, or emotional help)
- **Meaning** (a strong motivating factor)
- Sense of accomplishment

The start of a new year is an ideal time to reconsider your goals and plans, so why not? As a KP employee and UFCW member in Georgia, you can utilize the services, tools, and resources BHMT has to offer that can bring you one step closer to identifying your own career/education goals.

Contact GA Career Counselor Paulette Fried for more information: Paulette, L. Fried@kp.org or (404) 386-5010.



Calling All Project Management Students and Graduates

If you have taken or completed any courses in Project Management (PM), we'd like to know! It is our hope to have many more project management internship opportunities available in the year(s) ahead.

Please notify **GA Career Counselor** Paulette Fried of the following:

- Are you still in school studying PM?
- Have you earned a degree or certificate in PM? If no, how many classes have you completed?
- Are you interested in learning more about a PM Internship within KP-GA?

Email your responses to: Paulette.L.Fried@kp.org.



You Could Get 100% of Your College Tuition Funded

University... Did you know that as an eligible BHMT participant, you can have 100% of your college tuition funded at <u>Colorado Technical University (CTU)</u>? Through the BHMT

Commitment Grant and Kaiser Permanente's Tuition Reimbursement Program, you can now pursue your degree without the burden of student loan debt.

Why is this a good program?

- There are over 100 CTU degree programs and concentrations
- CTU has classes available 100% online.
- Areas of Study include Business & Management, Engineering & Computer Science, Healthcare, IT, Project Management, and Security Studies.
- You can get credit for what you already know and earn a degree faster by successfully passing CTU
 Fast Track™ exams.

The next session begins on February 13th! If you're ready to take the next step, reach out to your BHMT Career Counselor to get started. After you've consulted with both your <u>BHMT Career Counselor</u> and assigned <u>Academic Success Coach</u>, call CTU directly at 1-855-283-1590 to complete your enrollment.





KP School of Allied Health Sciences' Registration is Now Open!

Through <u>Kaiser Permanente Health Sciences (KPSAHS)</u>, you can take advantage of the popular online non-credit courses offered, and in just six weeks, you can earn a certificate of completion as you conveniently learn at your own pace.

- Intro to Anatomy & Physiology
- Intro to Biology
- Intro to Medical Terminology



Wound Care Education Institute (WCEI) Joins the CE Direct Family



<u>CE Direct</u> is excited to announce that the Wound Care Education Institute (WCEI) is now part of the family!

Assessing, treating, and healing wounds especially chronic wounds is one of the most common and frustrating patient care challenges in healthcare today. WCEI is a leader in wound care education and in helping care providers get certified in wound care, diabetes wound care, and ostomy management.

By incorporating the WCEI curriculum into CE Direct's world-class library of offerings, it allows for easier access to wound care certification training for you, and it also supports CE Direct's mission of bringing clinicians "the information they need to know before they know they need to know it."

If you have questions about WCEI and this exciting new offering, please email us at: bhmt@kp.org.



Like BHMT on Facebook and follow us on Twitter!

Connect with BHMT via <u>Facebook</u> & <u>Twitter</u> to stay up-to-date on latest events, news, webinars, and more!

Need Career Direction? Contact Your BHMT Career Counselor

Are you aware of your free and confidential career counseling benefit? Your regional career counselors are available to help you with career goal setting, education planning, and job search assistance. No matter where you are at KP, it's useful to explore your professional development.

Contact Your Georgia region Career Counselor: **PAULETTE FRIED**

Paulette.L.Fried@kp.org, (404) 205-9593

Established in January 2007, the Ben Hudnall Memorial Education and Training Trust provides career counseling services and resources to education and training programs across Kaiser Permanente Regions.

Office of the Ben Hudnall Memorial Trust

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