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**Digital Fluency Pilot—Be Ready for The Future!**

Now is your chance to get a jump start on preparing for the work of the future. Did you know that [Digital Fluency](#) has been identified by Kaiser Permanente as [one of the 4 Critical Skills](#)? Being Digitally Fluent means being comfortable working in the increasingly technological environment that is today's healthcare. It doesn't mean that you need to be an expert, it just means that you can adapt to the rapid changes that are happening in your workplace.



The [Digital Fluency Training Program](#) will give you a broadened understanding on how:

- Technology is embedded in our everyday work lives.
- It helps us provide excellent care to our members.
- To learn even more.

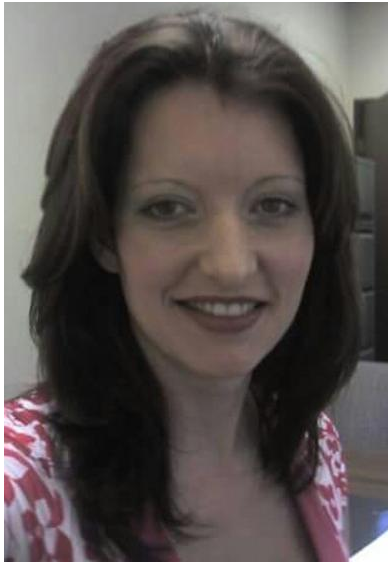
We understand that your time is very valuable which is why we've provided this training completely online. You can **access all 4 modules**, including "Mobile Devices in Healthcare" and "The Power of Data" at home or on the go. Also, participants in this pilot program will receive a Certificate of Completion once the training has been completed.

If you're ready to build your success in this digital age, [sign up to be a part of the pilot program](#) today!  
*Presented by the Ben Hudnall Memorial Trust (BHMT), National Workforce Planning & Development (NWFDP), and SEIU Ed Fund.*



**'It Worked for Me': Stephanie Gotts**

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**Current Position:** Case Coordinator, Kaiser Permanente Regional Office, Southern California

**Her Goal:** To transition into management

**How BHMT Helped:** BHMT helped through the use of Career Counseling Services

Stephanie Gotts usually felt confident when it came to interviews, but she decided that she needed to brush up on her skills a little bit. [SCAL Career Counselor](#) Lucy Gutierrez was a resource Stephanie used when it came to school, but she was ecstatic to find that Lucy could also help her with interview prep. They spent 30-minutes together going over tips and tricks that could help Stephanie feel more comfortable when interviewing.

Deciding to take what she had learned from Lucy and put it into practice, Stephanie interviewed for a Sr. Case Manager position.

"I wanted to go in there with a plan," she says.

Through Stephanie's hard work, experience, and preparation, she was offered the Sr. Case Manager position. Not ready to stop there, Stephanie wants to master her new role and then move on to a management position.

***Congratulations, Stephanie!***

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### 3 Tips for Career Development

BHMT-eligible employees who [take advantage of their many education benefits](#) are successful at [completing degrees](#). Those who are on the clinical path also have success passing their boards and becoming licensed. These are huge successes, and if you have recently completed your degree, **we congratulate you!**

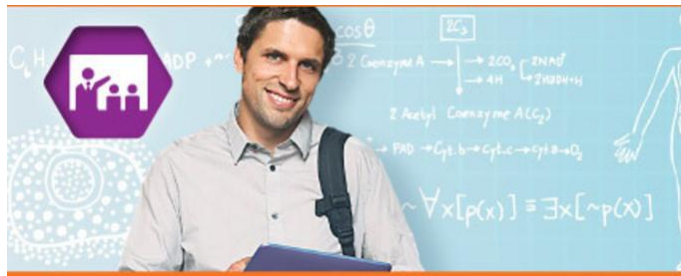
Here are **3 tips to help you navigate through your next steps:**



- **Continue your momentum and organize your job search.** Your positive attitude, persistence, and commitment to reach your goals continue during this next phase of your career progression. First, meet with your [BHMT Career Counselor](#) to develop the next phase of your career plan. Continue to work with your network which may include your manager, mentors, union representatives, and co-workers and review KP job descriptions for positions of interest.
- **Be open and flexible when transitioning from your current position to your new career.** Your first position after obtaining your degree may not be the perfect shift or your ideal facility/location. Some short term sacrifices such as a longer commute are sometimes the required stepping stone to obtain the experience required. Once you have gained the necessary experience, increased your skills and confidence, you will be more prepared to apply to other shifts and locations. Don't pass up an opportunity because it isn't your perfect job, or it may delay your career transition by months or even years.
- **Take advantage of the resume writing and interview preparation available.** Your BHMT Career Counselor has expert advice and guidance to ensure that your KP Profile and resume are communicating your talents, qualifications, and unique attributes. In addition, your Career Counselor can assist you to prepare for interviews. Don't assume that since you have a lot of seniority or know the interviewers that you can just "wing it". Interviewing is selling yourself! Your Career Counselor can help you develop "your story", practice your responses, and give perspective on what interviewers are actually looking

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## Ben U Academic



### KP School of Allied Health Sciences' Registration is Now Open!

Through [Kaiser Permanente Health Sciences \(KPSAHS\)](#), you can take advantage of the popular online non-credit courses offered, and in just six weeks, you can earn a certificate of completion as you conveniently learn at your own pace.

- [Intro to Medical Terminology](#)

**Registration closes June 26** for courses starting July 3.

### Online Lab Science Providers—Azusa Pacific University and Ocean County College



[Azusa Pacific University \(APU\)](#) and [Ocean County College \(OCC\)](#) along with [CSU San Marcos](#), provides online health science courses that can be taken from the convenience of your own home. These health science courses are perfect if your education plan requires any prerequisites for a Nursing or Allied Health program.



**Short on time?** Take advantage of APU's 8-week term or OCC's 15, 10, 7.5, or 6-week terms today!

### Get Ready for Fall with CSUSM Online Health Science Courses!

Does your education plan for 2017 require a prerequisite health science course for a Nursing or Allied Health program? If so, [take an online lab course in the convenience of your own home with California State University, San Marcos \(CSUSM\)](#) including Anatomy & Physiology, Microbiology, Biology, Chemistry, Organic Chemistry, and Critical Thinking.



**Fall 2017 Session: August 28 – December 9, 2017**

**Want to register early?** Please contact: Elizabeth Rosales: [erosales@csusm.edu](mailto:erosales@csusm.edu), CSUSM Admin. Svcs.



## Ben U Skills



### NEW! English Training for the Whole Family Just in Time for Summer



Did you know that [AmEnglish now offers "Read Aloud eBooks"](#)? With this content, you are more than welcome to share it with everyone in your family. All you have to do is sign-in!

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**Your subscription now includes:**

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- Reading Grade Levels 2-6
- Online Guides for Parents

**Improved Reading Comprehension + Vocabulary = Improved Test Scores**

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**Need Career Direction? Contact Your BHMT Career Counselor**

Are you aware of your free and confidential career counseling benefit? Your regional career counselors are available to help you with career goal setting, education planning, and job search assistance. No matter where you are at KP, it's useful to explore your professional development.

Contact Your NCAL region Career Counselor:

**BONNIE MCCREARY:** [Bonnie.L.McCreary@kp.org](mailto:Bonnie.L.McCreary@kp.org), (510) 821-2908

Established in January 2007, the Ben Hudnall Memorial Education and Training Trust provides career counseling services and resources to education and training programs across Kaiser Permanente Regions.

**Office of the Ben Hudnall Memorial Trust**

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