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Dear BHMT member, This spring, BHMT is offering new resources to help you advance your career and professional development. To learn more, read on!

**IN THIS EDITION:**

- **NEW!** AudioBooks from AmEnglish now available in Tagalog and Vietnamese
- Digital and Fluoroscopy CE Credits for Imaging Professionals from ASRT
- It Worked for Me: SADIA IMRAN
- April Webinars
- Overcoming Technology Challenges for Online School with CTU!
- 2016 Kaiser Permanente Complex Journeys in Health Conference

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## from ASRT



The American Society of Radiologic Technologists ([ASRT](#)) has convenient online CE [courses](#) that will help meet the specific requirements for digital and fluoroscopy continuing education credits. Through a partnership with the ASRT, you can get up to 10 CE credits paid for through the Ben Hudnall Memorial Trust per year. You do not have to be an ASRT member to take advantage of this opportunity. To get started, simply visit the [ASRT Store](#) and search for the courses under Digital and Fluoroscopy.



### **It Worked for Me: SADIA IMRAN, CCRN, MHA** NCAL Nurse Shows How Learning is a Life-Long Process

**Current Position:** Assistant Department Manager, Northern California

**Her Goal:** To continue her pursuit of life-long learning

**How KP Helped:** BHMT made it simple to go back to school through the use of the Stipend Program

Sadia Imran has always had a strong motivation and desire to challenge herself and approach healthcare-related issues from multiple perspectives since she began her career with Kaiser in April 2008. "I love to keep educating myself, and I strongly believe that as healthcare professionals become more educated, we become more effective leaders."

She was interested in obtaining her Master's in Health Administration (MHA) after working as a Specialty Unit Staff RN in the PACU department at the Irvine Medical Center, and the program required on-campus attendance, extensive coursework, and research.

"As an adult learner, the stress of balancing work, family life, and being a university student can be overwhelming, but fortunately, the Ben Hudnall Memorial Trust truly assists employees in reaching their career goals at Kaiser Permanente!"

Sadia utilized the Stipend Program and believes that it is "a great program which promotes and supports the leadership, education, and professional development of the KP employees. By utilizing this valuable resource, I was able to devote focused time towards my education."

In August 2015, Sadia received her Master's in Health Administration with a GPA of 3.97. She was also elected as a member of Alpha Chi (National College Honor Scholarship Society) due to her exceptional academic

achievements.

“My degree will definitely help me apply my professional expertise, medical knowledge, and clinical skills as I lead and mentor the next generation of healthcare professionals. This whole experience has been so rewarding that I am now planning to continue my education and pursue my Ph.D. in Healthcare Administration.”

***Congratulations, Sadia!***

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## April Webinars

### KNOW YOUR STIPEND – PART 1

**Tuesday, April 19**

**1 p.m. MT**

*(40 mins.)*

REGISTER

Learn how the Stipend Program can help you while you attend school and get info on how to apply. Intended for those who have never used the Stipend Program before or want to receive general information. *Presented by Tina Nguyen-Cruz, NCAL Region.*

### RESUME WRITING 101

**Thursday, April 21**

**10:30 a.m. MT**

*(1 hr.)*

REGISTER

Join this webinar to get the scoop on what's new and fresh on resume content and learn the basic skills on how to create an effective resume that is relevant to today's workforce! *Presented by Michele McCarthy and Mary Wiggins, MAS Region.*

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## Overcoming Technology Challenges for Online School with CTU!

Online learning can potentially have unlimited flexibility. At times, this can be a benefit and a burden. To avoid being bogged down by distractions or technical difficulties, identify resources you'll need before you begin classes. Learn [five ways to help you navigate the technology issues](#) you might face as an online learner.

**2016 Start Dates:** May 15| Jul. 3| Aug. 14| Oct. 2| Nov. 13

For more information call: 855.283.1590 or email: [bhmt@coloradotech.edu](mailto:bhmt@coloradotech.edu).

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## 2016 Kaiser Permanente Complex Journeys in Health Conference

The Complex Journeys in Health conference, formally known as the Geriatric and Palliative Care Conference has been set for **Friday & Saturday, October 28-29, 2016** at the Hotel Nikko in San Francisco, California. This conference is sponsored by Kaiser Permanente's Care Management Institute (CMI) and promises to educate, illuminate, and engage front-line providers who care for our most vulnerable members. This year, our focus expands to include complex care models, the continuum, social needs, and integrated behavioral health in addition to geriatrics and palliative care. The conference promises to provide clinical knowledge and skill building, practical information on care delivery tactics and approaches, and ways to improve communication with patients, their caregivers, and families. In addition to (24) breakout sessions and (4)four plenary sessions over the course of two days, CMI and the Institute for Health Policy will co-host an evening event on Friday, October 29, 2016. **Please mark your calendars now** and plan to join your colleagues across Kaiser Permanente to participate in the Complex Journeys in Health Conference.

For more information, visit [the conference wiki site](#).

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#### Need Career Direction? Contact Your BHMT Career Counselor

Are you aware of your free and confidential career counseling benefit? Your regional career counselors are available to help you with career goal setting, education planning, and job search assistance. No matter where you are at KP, it's useful to explore your professional development.

Contact Your Colorado region Career Counselor:

**DEE HOLL**

[Dee.X.Holl@kp.org](mailto:Dee.X.Holl@kp.org), (303) 905-1452

Date	Location	Address
<b>Wednesday, April 6</b> 11:30 a.m. to 2 p.m.	<b>Lone Tree Medical Offices</b> Admin Conference Room	10240 Park Meadows Dr. Lone Tree, CO 80124
<b>Tuesday, April 19</b> 11:30 a.m. to 2 p.m.	<b>Franklin Medical Offices</b> Medical Imaging Conference Room	2045 Franklin St. Denver, CO 80205
<b>Wednesday, April 27</b> 11:30 a.m. to 2 p.m.	<b>Rock Creek Medical Offices</b> Aspen Creek I Conference Room	280 Exempla Cir. Lafayette, CO 80026

Established in January 2007, the Ben Hudnall Memorial Education and Training Trust provides career counseling services and resources to education and training programs across Kaiser Permanente Regions.

**Office of the Ben Hudnall Memorial Trust**

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