



## Time Tracker for Online Learning

How many hours per week does this course require? \_\_\_\_\_

Where are the deadlines within this course material? \_\_\_\_\_

### **Preview Unit Activities = 30 min**

Read the unit introduction, learning objectives, study activities, and all other requirements. Print or save this information so you can access it offline later.

### **Complete Unit Readings = 2-3 hours**

Readings may include information from your course room, journal articles, book chapters, or other online sources.

### **Write Responses to Discussion Questions = 2-3 hours**

Courses typically include several discussion topics per unit. Staying active in the conversation will be beneficial to your studies.

### **Complete Weekly Assignments = 3-4 hours**

Weekly assignments may include papers, projects, project reports, or group projects. All coursework can be submitted using your course room's assignments tool.

### **Stay On Top Of All Other Activities = 10-15 hours**

Other activities include reviewing the calendar and your grades, consulting with your instructor, participating in a learning community, or forming an online study group.