

How to Build a Network

Networking is the process of reaching out to others for information that can help move you toward to your career goals. This worksheet is intended to help you begin that process by developing a list of the networking opportunities that are already available to you. The answers to each question indicate a person you can reach out to, or a place where you can meet professionals who can provide important information.

Name one social networking site you belong to: _____

Name one professional networking site you are on: _____

Identify informational interview you did last year: _____

Identify a professional association you go to: _____

Name one conference that it would be beneficial to go to: _____

Family friend: _____

Neighbor: _____

Teacher: _____

Pastor: _____

Work Colleague: _____

Manager: _____

Name one active industry/profession-related online discussion group: _____

Which would be the most beneficial to contact today? Or what one thing can I do this week to get started? _____